

# ARE YOUR SCOUTS ADVENTURE CAMP READY?

January 2026

## Welcome to Adventure Camp 2026!

We're excited to have your Scouts join us for an amazing weekend. Here's everything you need to know to make the experience smooth and enjoyable.

In this information pack, you will find helpful tips about:

- Transport and Site Access
- Check in and Registration
- Camp Rules
- Pre Camp Planning Process
- Kit Recommendations
- George's Camping Clues
- Mel's Menu Planning
- Camp Programme
- Social Media Info



Dwayne Fields comes to visit



Water inflatable fun!



Our Bushcraft Zone is a fav!

# TRANSPORT AND SITE ACCESS

- Travel and Minibus Use - We need you to let us know more about your arrival plans – and we fully understand these may not be in place yet. We will issue a form to complete before Easter but we are keen to use minibusses for activities - please ensure you are fully aware of driver restrictions so you can share this information with us too! Watch this space.
- Health form – All forms must be completed ahead of camp. These have been emailed direct to parents from our admin team. We'll let you know if we need your help to do some chasing closer to the camp.
- Camping Kit - Scouts will need to be prepared to carry their kit from Registration where they are camping. Why not practice walking with full kit as part of your weekly troop night?

## CHECK-IN AND REGISTRATION

- All Participants and Staff must check in before gaining access to the site. This will be signposted.
- Groups must check in together – All members must be present before this process can start. Your troop may have several groups and be named according to Subcamp (ie Bishopton Green)
- Each person will receive an ID badge with their name, camp ID number, sub-camp, and activity allocation. Please remind Scouts not to lose it! It helps us keep everything safe and organised.
- Scouts should wear their neckerchief and lanyard all weekend (Activity Leads may ask that these are removed where applicable for safety reasons).

## CAMP RULES

**Please share the camp rules with your scouts and check that they understand what is expected of them. We're all here to have fun, but a few simple rules will help keep things safe and enjoyable:**

1. Be on time at your pick-up points throughout the weekend.
2. Lights out means go to sleep - this helps to ensure you and others can enjoy yourselves.
3. Listen carefully to instructions given by the staff at camp.
4. Pack all your kit in one labelled bag (label should include your name, home address, and subcamp colour). Lost property will be gathered on Subcamps.
5. Don't let someone else pack your kit without you there!
6. Uniform must be worn to and from camp, and your neckerchief all weekend.
7. Remember your food and cooking stuff (and make sure you know how to use your equipment)
8. Scouts should not bring their mobile phones to camp.
9. Be kind to others, we're all here to have fun.
10. And most importantly – have fun. It will definitely be cold so pack your smiles.



# PRE CAMP PLANNING

Here's a rough idea of how you could incorporate pre-camp planning into your troop nights ahead of camp. Where possible, we would encourage scouts to sleep under canvas ahead of camp and cook for themselves to help them understand how the weekend comes together.

Date	Programme
W/C 16th March 2026	Practice tent pitch and strike
W/C 23rd March 2026	Menu Planning ,Cooking Tips,Shopping List
W/C 30th March 2026	Stoves

## EASTER BREAK

W/C 20th April 2026	Cooking a basic meal
W/C 27th April 2026	Full Kit Inspection of all gear going to camp (and practice walk)
Thurs 30th April 2026	Food Shopping for Camp

## KIT RECOMMENDATIONS

It's safe to say we've seen a huge variety of kit over the years. We cannot emphasise enough that scouts must be able to carry their personal kit plus their group's tent, food and cooking equipment. This is designed to be a lightweight camping experience. Please bring Hike Tents and cooking equipment that the scouts are comfortable using.

Group Equipment	Personal Kit List	Activity Kit List
<p>Make sure your tent and Stove are complete and you know what you are doing with them.</p> <ul style="list-style-type: none"> <li>• Hike tent</li> <li>• Stove (trangia meth burning stoves)</li> <li>• Fuel and spare fuel</li> <li>• Canteen cooking set</li> <li>• Dish cleaning materials</li> <li>• 3 tea towels (one per day)</li> <li>• Non stick frying pan – cheap as chips at tesco/ikea – makes frying easy!</li> <li>• Matches (and a lighter – for when the matches get wet)</li> <li>• Water carrier (Water carrier/water bottle doubles up – bring it empty!)</li> <li>• First aid kit</li> <li>• Hand Gel</li> </ul>	<p>There is no need for expensive kit. No football strips, no mobile phones , no electronic toys.</p> <ul style="list-style-type: none"> <li>• Uniform</li> <li>• Socks</li> <li>• Trousers</li> <li>• Anorak</li> <li>• Shirt</li> <li>• Jumper</li> <li>• Shorts</li> <li>• Sleeping bag (Make sure scouts can re stuff sleeping bag into stuff sac)</li> <li>• Sleeping mat</li> <li>• Washing gear</li> <li>• Torch</li> <li>• Cutlery</li> <li>• Plates</li> <li>• Notebook</li> <li>• Pencil</li> <li>• Towel</li> <li>• Rucksack (all gear fits into single bag – nothing tied on the outside which will fall off and get lost. Any big bag is fine)</li> </ul>	<p>Think thin layers. Waterproofs, swimming kit and clothes to get wet &amp; muddy</p> <ul style="list-style-type: none"> <li>• Boots</li> <li>• Wool gloves or ski gloves</li> <li>• Wool hat</li> <li>• 2 pairs of Trainers (one for getting wet in the water)</li> <li>• Wool socks</li> <li>• Wool sweater or fleece top</li> <li>• Long sleeved shirts</li> <li>• Full set of clothes to wear for water activities</li> <li>• Loose fitting trousers (not jeans)</li> <li>• Day sack (a small bag to take on activities)</li> <li>• Swimming costume</li> <li>• Waterproof over trousers</li> <li>• Waterproof jacket</li> <li>• Watch</li> <li>• Snacks</li> </ul>

## The camp is run as a lightweight camp and the following are not appropriate.

- Dining shelters.
- Folding tables/chairs.
- Tunnel type tents – which are so heavy/big scouts can't carry.

(Tents should be hike style, sleeping a max of 3 scouts)



- Large gas cylinders and burner units.
- Butane stoves with bottle gas
- Large plastic boxes full of food and cooking equipment.

(Splitting this up and having each scout carry some would be better)

## GEORGE'S CAMPING CLUES!



This is George's 12<sup>th</sup> year at Adventure Camp. His job is to make sure everyone is happy on their Subcamps. He's helpfully pulled together some pictures which show you what not to do!



IS THAT  
BOX REALLY  
LIGHTWEIGHT?



WE'VE GOT WATER!  
YOU DONT NEED TO  
WORRY.



COUNTER-TOP  
STOVES AREN'T THE  
BEST CHOICE.  
OOPS



YOU WOULD TAKE  
THIS HIKING? ARE  
YOU SURE?



ARE YOU SURE  
THAT'S ONLY ONE  
BAG?



ALUMINIUM  
PANS AND GAS  
STOVES DON'T  
GO WELL!

# MEL'S MENU PLANNING

A varied and nutritous menu is vital for Adventure Camp. Please ensure your Scouts are prepped and planned in advance of camp.

We have created a Scout Friendly Document to help inspire the young people to think creatively and cleverly to help ensure all members of their group are happy with their menu.

## As Scout Leaders, please consider the following:

- Scouts should have an evening meal ahead of arriving at camp - they may want to consider a light snack for later on. Hot Chocolate and Biscuits will be supplied by us.
- The Scouts must be competent and confident with their menu, what it includes and how to make sure it is prepped correctly.
- Food should be planned around what everyone is comfortable eating.
- Scouts often decide not to cook something as it "takes too long". Please bare this in mind when planning.
- Calories are good - we want them to gain energy (especially at breakfast time).
- Think about prep in advance of the camp - does this count towards an activity or challenge badge?
- Practice practice practice! Could you get parents/guardians to do some taste testing?

# THE CAMP PROGRAMME

We keep the camp programme packed to the brim with fun and adventure for our young people. It would be helpful for the Scouts to have an idea of what is happening and when so they don't miss out! The more prepared they are, the more fun they have.

## Friday

7:00pm Check in Opens - Time to Set up camp  
10:00pm Supper (approx - it depends when everyone is here)  
10:15pm Subcamp Meeting (A chance to come together with your new tribe!)  
11:00pm Lights Out

## Saturday

7:30/8:30am Rise and breakfast  
8:30am Sub-camp meeting  
9:15am Flag break – official opening (top half uniform)  
9:45am Activities (take a snack)  
12:15pm Lunch  
2:00pm Activities (take a snack)  
4:30pm Soup provided on Sub Camp  
5:00pm Subcamp Activity  
5:30pm Dinner  
7:15pm Evening Activities  
9:30pm Supper  
10:30pm Lights Out



## Sunday

7:30/8:30am Rise and breakfast  
8:30am Sub-camp meeting  
9:15am Flag break (top half uniform)  
9:45am Activities (take a snack)  
12:15pm Lunch  
2:00pm Activities (take a snack)  
4:30pm Soup provided on Sub Camp  
5:00pm Dinner  
7:00pm Subcamp Activities  
8:15 pm Camp Fire & Scouts Own  
9:30pm Supper  
10:30pm Lights Out



## Monday

7:30/8:30am Rise and breakfast  
9:00am Strike camp  
10:45am Flag down and Closing ceremony (uniform)  
11:00am Home



## SOCIAL MEDIA INFO

We work hard to main our camp Website and Social Media Channels. Following each camp, photos will be added to the "Gallery" page on our website for parents and carers to view. Previous camp Galleries can be found here: <https://www.highlandadventure.org.uk/gallery>.

Please encourage parents/ carers to follow our social media accounts to keep up to date with Team Annoucements, Activity Information and updates straight from the camp itself!



**SCOUTS ADVENTURE CAMP**



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**Where possible, communication about individual scout queries should be made from Scout Leaders to our email inbox. This ensures all stakeholders are aware of any additional arrangements which may need to be put in place. Please contact us on [info@adventurecamp.uk](mailto:info@adventurecamp.uk).**